



## Bachelor of Arts, 4-Year Honours in Psychology

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### Program Planning Guide 2021/2022

#### Program Overview

The Bachelor of Arts with Honours in Psychology has been designed for individuals who seek a broad and extensive Psychology education in the liberal arts and sciences tradition. The Honours in Psychology grounds students in psychological research methods and exposes students to a variety of ways in which human behaviour can be understood. Through the study of various psychology issues, world events and schools of psychological thought, students are introduced to methods of reading, interpreting, and synthesizing a broad and diverse range of ideas and research. This degree culminates in a full-year seminar that affords students the opportunity to take part in all aspects of a research project; writing a research proposal, conducting the research, and presenting the project to peers.

Students in the program will have the opportunity to meet the following objectives through the Psychology Honours requirements:

1. gain a thorough grounding in psychological principles and theories;
2. understand the development and history of various schools of psychological thought;
3. learn to critically read and evaluate past and current research;
4. develop an awareness of psychological issues affecting the individual over the course of a lifetime;
5. develop an in-depth awareness of selected topics in psychology
6. opportunity to design and complete an original research project.

The program reflects the commitment of St. Mary's University to a liberal education as valuable for its own sake since it provides individuals the opportunity to discover and eventually realize their human potential. In addition to providing personal fulfillment, the program prepares students to think critically and communicate clearly. Such skills are in keen demand for variety of careers including the fields in mental health, research, politics, education, social work, pastoral care, government service, forensics, advertising and public relations. **The program also ensures that students are well equipped if they desire to continue their education in graduate school.**

#### Admission

Students may apply to the Honours stream by submitting an application by the first working day of May in their third year or before their final year, and must:

- have a cumulative GPA of 3.0 on the last 30 credits completed;
- have a minimum grade of B in each 300- and 400-level Psychology course;
- have a minimum grade of B in PSYC 312;
- application must include a statement of research interests.

#### Program Requirements

Students are strongly recommended to meet with an academic advisor on a regular basis throughout the program. It is the student's responsibility to ensure they have met the requirements for graduation.

This planning guide is designed to help students keep track of their progress in meeting degree requirements. Course descriptions may be found in the St. Mary's University calendar.

**A. Liberal Arts Core (18 credits)**

- \_\_\_\_\_ ENGL 200A: *Literature in English from the Middle Ages to 1660* (3 credits)
- \_\_\_\_\_ ENGL 200B: *Literature in English from 1660 to the Present* (3 credits)
- \_\_\_\_\_ HIST 200A: *History of Ideas: Antiquity to the Reformation* (3 credits)
- \_\_\_\_\_ HIST 200B: *History of Ideas: Scientific Revolution to 20th Century* (3 credits)
- \_\_\_\_\_ PHIL 351: *Ethics* (3 credits)
- \_\_\_\_\_ RLGS 205: *Reading Biblical Texts* (3 credits)

**B. Breadth Requirements (24 credits)**

- /   6 credits in a language other than English
- /   6 credits in Humanities (ART, CLAS, DRAM, ENGL, FREN, GREK, INST, ITAL, LATI, LING, MUSI, PHIL, RLGS, SPAN, THEO)
- /   6 credits in Social Sciences **other than Psychology** (ACCT, ECON, FMST, GEOG, HIST, MGST, POLI, SOCI)
- /   6 credits in Natural Sciences (ASTR, BCEM, BIOL, CHEM, HMKN 205, PHYS, SCIE)

**C. Core Psychology Requirements (18 credits)**

- \_\_\_\_\_ PSYC 201: *Principles of Psychology* (3 credits)
- \_\_\_\_\_ PSYC 203: *Critical Issues in Psychology* (3 credits)
- \_\_\_\_\_ PSYC 312A: *An Introduction to Experimental Design and Quantitative Methods* (3 credits)
- (prerequisite: Pure Math 30, Math 30-1, Applied Math 30, Math 30-2 or MATH 030 with a minimum grade of 50%)*
- \_\_\_\_\_ PSYC 312B: *Advanced Experimental Design and Quantitative Methods for Psychology* (3 credits)
- \_\_\_\_\_ PSYC 500: *Senior Seminar* (6 credits)
- /  
  - to be taken in final year of the program
  - prerequisite: minimum grade of B in PSYC 312

**D. Psychology Elective Requirements (30 credits)**

- A minimum of **6 credits** in this section must be at the **400 level**
- /   Applied Psychology (6 credits): PSYC 331, 337, 345, 359, 363, 405, 435, 463, 495
- /   Clinical Psychology (6 credits): PSYC 385, 407, 409, 411, 413, 443
- /   Experimental Psychology (6 credits): PSYC 343, 365, 369, 375, 453, 465, 475
- /   General Psychology (6 credits): PSYC 305, 329, 333, 353, 355, 357, 361, 393
- /   6 credits of additional senior Psychology from any field above

**120 - Credit Honours Degree****Junior/Senior Requirements**

**72 credits** must be taken at the **300- or 400-level**.

**Directed Studies**

Students are allowed a **maximum of 9.0 credits hours** of directed studies in their degree program.

**Program Standing**

Must maintain the following requirements in order to graduate:

- a minimum overall GPA of 3.0 starting from the first term used to calculate admission to the Honours program until graduation;
- minimum grade of B in all 300- and 400- level Psychology courses;
- minimum grade of B in PSYC 500, which must be completed at StMU in the final year of the program;
- no F grades while in the Honours program;
- no more than one D or D+ in non-Psychology courses.

**Residence Requirement**

All students must complete at least **60 credits** at St. Mary's University. A minimum of 27 credits in Psychology must be completed at StMU, including **PSYC 500**.

**Graduation**

In final year of study, an *Application to Graduate* must be submitted by October 1.

This guide is for your convenience only and should not replace the St. Mary's University Calendar, which is the final authority regarding degree program requirements and academic regulations.

**E. Minor Program Requirements (18 credits)** \*if not pursuing a minor, take 18 credits of electives

- At least 9 credits of a minor must be taken at the 300 or 400 level
- At least 9 credits of a minor must be completed at St. Mary's University

**Minor** (if applicable): \_\_\_\_\_

\_\_\_\_\_ (3 credits)

\_\_\_\_\_ (3 credits)

\_\_\_\_\_ (3 credits)

\_\_\_\_\_ (3 credits)

\_\_\_\_\_ (3 credits)

\_\_\_\_\_ (3 credits)

**E. Electives (12 credits)** \*be attentive to Jr./Sr. requirements

\_\_\_\_\_ elective: \_\_\_\_\_ (3 credits)

\_\_\_\_\_ elective: \_\_\_\_\_ (3 credits)

\_\_\_\_\_ elective: \_\_\_\_\_ (3 credits)

\_\_\_\_\_ elective: \_\_\_\_\_ (3 credits)

**Minor Program Requirements**

Students must complete at least **18 credits**, including at least **9 credits at the senior level**.

**Biology**

BCEM 393	BIOL 315	BIOL 377	BIOL 417
BIOL 231	BIOL 317	BIOL 381	BIOL 431
BIOL 233	BIOL 331	BIOL 411	BIOL 433
BIOL 311	BIOL 341	BIOL 413	BIOL 441
BIOL 313	BIOL 375	BIOL 415	BIOL 451

**Canadian Studies**

ENGL 341	GEOG 381	HIST 347	INST 201
ENGL 343	HIST 201	HIST 349	SOCI 327
ENGL 381.6	HIST 203	HIST 353	SOCI 343
ENGL 381.8	HIST 341	HIST 355	SOCI 371
FREN 219	HIST 343	HIST 357	SOCI 393
FREN 221	HIST 345	IDST 333	

**Catholic Studies**

Students must complete all three of the following courses:

RLGS 201	RLGS 205	RLGS 301
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Plus, at least one of the following courses:

RLGS 321	RLGS 323	RLGS 331 (HIST 311)*	RLGS 333 (HIST 313)*
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Plus, at least two courses selected from the following, one of which must be at the senior level:

ART 201	ENGL 355	PHIL 395	RLGS 317	RLGS 335
ART 203	HIST 317	RLGS 203	RLGS 321	RLGS 363
ART 325	HIST 321	RLGS 305 (HIST 381)*	RLGS 323	SOCI 377
ART 405	HIST 335	RLGS 311	RLGS 325	
ENGL 303	HIST 349	RLGS 313	RLGS 331 (HIST 311)*	
ENGL 305	PHIL 345	RLGS 315	RLGS 333 (HIST 313)*	*cross-listed courses

**Drama**

CLAS 323	DRAM 301	DRAM 403	ENGL 327	MUSI 205
DRAM 201	DRAM 303	DRAM 405	ENGL 371	MUSI 305
DRAM 203	DRAM 305	ENGL 313	*ENGL 397 or 399	MUSI 405
DRAM 205	DRAM 401	ENGL 315	HMKN 201	*if focus is on Drama

**English**

All ENGL courses are eligible to be counted towards a minor in English, excluding the use of ENGL 465 and ENGL 401, but could also include the following courses, due to their strong focus on literature and the English language:

CLAS 321	CLAS 323	LING 301
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**Family Studies**

ENGL 391	FMST 411	PSYC 333	SOCI 303
FMST 301	HIST 351	PSYC 353	SOCI 327
FMST 303	HIST 353	PSYC 355	SOCI 371
FMST 401	PSYC 329	PSYC 361	

**History**

All HIST courses are eligible to be counted towards a minor in History, excluding the use of HIST 391, HIST 401 and HIST 403, but could also include the following courses due to their strong History content:

CLAS 315	IDST 333	PHIL 399
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**Management**

ACCT 317	ECON 303	MGST 291	MGST 305
ACCT 319	ECON 337	MGST 301.0	MGST 307
ECON 201	ECON 373	MGST 301.1	MGST 321
ECON 203	MATH 211	MGST 301.2	MGST 331
ECON 301	MATH 249 or 251	MGST 301.3	

**Philosophy**

All PHIL courses are eligible to be counted towards a minor in Philosophy.

**Political Studies**

All POLI courses are eligible to be counted towards a minor in Political Studies.

**Science Studies**

BCEM 393	BIOL 341	BIOL 431	CPSC 215	PSYC 475
BIOL 231	BIOL 375	BIOL 433	HMKN 205	SCIE 201
BIOL 233	BIOL 377	BIOL 441	MATH 211	SCIE 301
BIOL 311	BIOL 381	BIOL 451	MATH 249 or 251	STAT 213
BIOL 313	BIOL 411	CHEM 201	MATH 253	STAT 217
BIOL 315	BIOL 413	CHEM 203	PHYS 211	
BIOL 317	BIOL 415	CHEM 351	PHYS 223	
BIOL 331	BIOL 417	CHEM 353	PSYC 375	

**Social Enterprise and Entrepreneurship**

Students must complete all three of the following courses:

MGST 291	MGST 303	MGST 307
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Plus, at least three courses from the following list:

ECON 337	MGST 305	POLI 353	PSYC 357
ECON 373	MGST 321	POLI 361	SOCI 303
HIST 341	MGST 331	PSYC 331	SOCI 327
HIST 357	POLI 315	PSYC 337	SOCI 375

**Sociology**

All SOCI courses are eligible to be counted towards a minor in Sociology.